BetterBody at work!

Phone: +48 660 239 666

E-mail: hello@betterbody.pl

massage workout mindset nutrition

Make healthy workplace



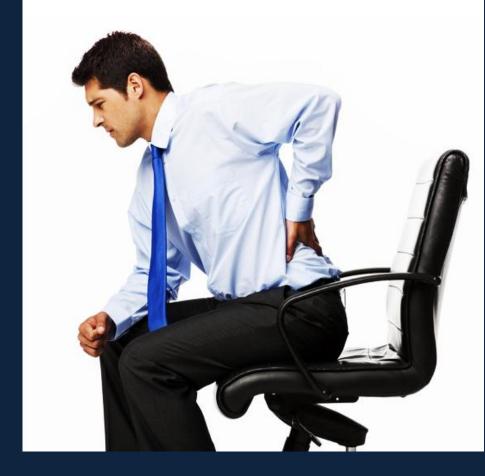
Benefits for Employer and Management

- Happy employees really do work harder!
- Health education FREE!
- Reduced muscle tension
- Decreased stress and ankiety
- Increase energy, alertness and productivity
- Improved mental acuity

We are dedicated to bringing value to employees with natural and functional medicine. We educateand treat your employees to health without the use of drugs.

For any questions please don't hesitate to ask!

FOR A PAIN-FREE CAREER



Health & wellness services









HEALTH PROGRAM

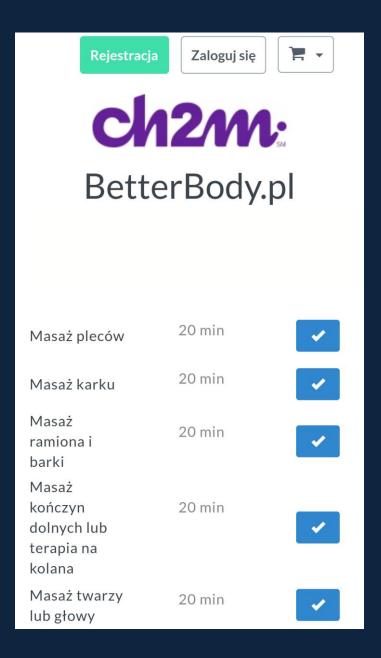


Why We are your best choice:

- FREE INDIVIDUAL CRM for booking massages online
- Free statistics every month
- Free reminding e-mail for every appointment
- The best specialists with the highest qualification
- Polish English speaking specialists
- Health education FREE! Free seminar or workshop making by Public Health Specialist
- The lowest price and the highest quality

We create a healthy work environment since 2015 Our specialists can do for you massage programs, Active Weeks, and lot of seminars.

THANK YOU FOR YOUR TRUST!



Health services



Massage, physiotherapy, office joga and stretching:

Prices from 90 zł netto / hour

Seminar and health education workshops:

Prices from 499 zł netto

THE RECIPE
FOR A PAIN-FREE
CAREER



They trusted us:







